

# St Aidan's Catholic Academy

'We believe that God has created each person to celebrate life to the full'



<b>Physical</b>	<b>Education</b>
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Physical Education	
Name of Course	BTEC Level 1/2 Tech Award in Sport
Exam Board	Edexcel
Curriculum Outline	The Tech Award gives pupils the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts. Pupils will have the opportunity to develop applied knowledge and skills in the following areas:
	Component 1 Preparing participants to take part in Sport and Physical Activity  Investigating provisions for sport including equipment and facilities to enhance sport  Planning and delivery of sport drills and sessions  Fitness for sport including fitness testing and methodology.
	<ul> <li>Component 2         Taking Part and Improving Other Participants Sporting Performance         <ul> <li>Understand how different components of fitness are used in different physical activities.</li> </ul> </li> <li>Be able to participate in sport and understand the roles and responsibilities of officials.</li> <li>Demonstrate ways to improve participants sporting techniques</li> </ul>
	<ul> <li>Component 3 Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity</li> <li>Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.</li> <li>Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.</li> <li>Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.</li> <li>Make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.</li> </ul>



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Learning & Assessment Method

The three components in the qualification give pupils the opportunity to develop broad knowledge and understanding of the sport sector, and specialist skills such as analysis, leadership, and teaching and communication at Levels 1 and 2.

### **Internal Assessment**

Components 1 and 2 are assessed through non-exam internal assessment. The non-exam internal assessment for these components has been designed to demonstrate application of the conceptual knowledge underpinning the sector through realistic tasks and activities. This style of assessment promotes deep learning through ensuring the connection between knowledge and practice.

Non-exam internal assessment is delivered through Pearson-set Assignments. These assignments are set by Pearson, marked by the centre and moderated by Pearson.

For each component new assignments are released twice a year through the secure area of our website. Each Pearson-set Assignment will be clearly marked with the assessment series and academic year of release; centres must ensure that they are using the current series' assignment to assess their pupils. Centres must use these assignments for summative assessments and the assignments must be completed under supervised conditions

#### **External Assessment**

There is one external assessment, Component 3, which provides the main synoptic assessment for the qualification. Component 3 builds directly on Components 1 and 2 and enables learning to be brought together and related to a real-life situation.

Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity requires pupils to use theoretical knowledge and understanding of applied anatomy and physiology, movement analysis and physical training so that they can use this knowledge to analyse and evaluate performance and devise informed strategies for improving/optimising their own practical performance.

The design of this external assessment ensures that there is sufficient stretch and challenge, enabling the assessment of knowledge and understanding at the end of the learning period.

The external assessment is based on a written assessment that require pupils to demonstrate that they can identify and use effectively an appropriate selection of skills, techniques, concepts, theories and knowledge from across the whole qualification in an integrated way.



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### Curriculum Intent

The Tech Award gives pupils the opportunity to develop sector-specific applied knowledge and skills through realistic vocational contexts. Pupils will have the opportunity to develop applied knowledge and skills in the following areas:

- investigating provisions for sport including equipment and facilities to enhance sport
- planning and delivery of sport drills and sessions
- fitness for sport including fitness testing and methodology.

BTECs are vocationally related qualifications, where pupils develop knowledge and understanding by applying their learning and skills in a work-related context. The qualifications enable pupils to take responsibility for their own learning and to develop skills that are essential for the modern-day workplace. These skills include: team work, working from a prescribed brief, working to deadlines, presenting information effectively, accurately completing administrative tasks and processes.

BTEC tech awards motivate pupils, and open doors to progression to further study and responsibility in the workplace. This qualification will give pupils an insight into the roles of: a coach, personal trainer, performance analyst, fitness coach and a P.E teacher.

## Career and Learning Progression

Study of the qualification as part of Key Stage 4 learning will help pupils to make more informed choices for further learning, either generally or in this sector.

Pupils might consider progression to:

- A Levels as preparation for entry to higher education in a range of subjects
- study of a vocational qualification at Level 3, such as a BTEC National in Sport (2016) or a BTEC National in Sport and Exercise Science (2016), which prepares pupils to enter employment or apprenticeships, or to move on to higher education by studying a degree in the Sport Sciences or teaching sectors.

Pupils who generally achieve at Level 1 across their Key Stage 4 learning might consider progression to:

- study at Level 2 post-16 in a range of technical routes designed to lead to work, to progression to employment via apprenticeships or further study at Level 3
- study at Level 2 post-16 through a technical qualification, such as the Pearson BTEC Level 2 Technical Diploma in Sport and Activity Leaders. Pupils who perform well in this qualification compared to their overall performance, should strongly consider this progression route as it can lead to employment in the sport sector.

The skills developed in BTEC Sport could be particularly useful for careers in Sport, such as; P.E Teacher, Personal Training, Coaching, Leadership in Sport and Gym instructing. The course will also help pupils looking at Apprenticeships in Sport.

#### Useful Links

Sport (2022) | BTEC Tech Award | Pearson qualifications