

St. Aidan's Catholic Academy

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Upcoming Events

May 4

Next Week, school for students of Key Workers will take place at St. Aidan's.

To all in our community,

As we move deeper into this period of lockdown, we continue to work closely with our trust colleagues across the city. The students who we have been looking after have been a credit to themselves and their families and my staff have worked selflessly to ensure the experience is positive. I am wholly committed to providing a safe environment within school for students and staff and ensuring work provided for home learning is of good quality to allow our students to continue their education remotely. I am humbled by how our community has come together throughout this crisis and I thank everyone for this. I do not know how long this is going to last, but I do know that until it is over we will continue to work hard for the good of every child. Thank you and stay safe.

Glenn Sanderson

Well Being

Phone: 0191 516 6080
Mobile: 07585 138 779
Email: support@breakfreecounselling.co.uk
Website: breakfreecounselling.co.uk

Family Activities

1. Family prayer

Take a moment each day to pray as family, you could each share your experiences.

<http://jesuitinstitute.org/Resources/Examen%20Leaflet.pdf>

2. Make a bird feeder.

There are plenty of ways to make a birdfeeder using items that can be found around the house. Coating a pinecone with a mixture of butter and seeds and hanging it on a tree using string is one easy option.

Prayer

Lord, I trust in your unfailing love,
in your promises.

I give this day and all it holds to
you.

May I walk in your goodness,
knowing your gentle hand will
guide me and keep me.

Amen

Chaplaincy

Our school Chaplain, Ms. Szczepanska has put together a thought provoking Bible quote for every day from Sunday. They are from daily readings. Every day she tweets Mass readings from the school chaplain Twitter account: SACA_Catholiclife . We hope you find the Bible messages full of love, hope and faith and please share them with friends and families to give people hope during this difficult time.

Sunday 3rd of May

"...I have come that they may have life, and have it to the full."

John 10:10

Monday 4th of May

"When they heard this, they had no further objections and praised God, saying, "So then, even to Gentiles God has granted repentance that leads to life." *Acts 11:18*

Tuesday 5th of May

"My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they shall never perish; no one will snatch them out of my hand." *John 10:27-28*

Wednesday 6th of May

"Sing the glory of his name; make his praise glorious. *Psalms 66:2*

Thursday 7th of May

"Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him." *John 13:16*

Friday 8th of May

"Do not let your hearts be troubled...." *John 14:1*

Saturday 9th of May

"And I will do whatever you ask in my name...." *John 14:13*



Domestic abuse – Where to get help during the Covid-19 pandemic

For 2 million victims of domestic abuse, home may not be the safe place it should be. We can help and support you if you are experiencing domestic abuse, you can contact Northumbria Police by telephone on 101, or online via www.northumbria.police.uk. However in an emergency, always call 999. If you dial 999 and are unable to speak, the emergency operator will ask you to dial 55 and to follow their instruction to quickly put you in touch with Police.

Northumberland
DASN – Domestic Abuse Service Northumberland
01670 820199

North Tyneside
Harbour
0191 2513305

Gateshead
Domestic Abuse Team Gateshead
0191 43 33 333

Newcastle
NIDAS – Newcastle Integrated DA Services
0191 2146501

South Tyneside
Impact Family Services
0737 578835

Sunderland
Wearside Woman In Need
0800 0665555

Angelou Centre (support for BME/refugees)
0191 2260394

National Domestic Abuse Helpline
0808 2000247

Men's Advice Line
0808 8010327

National LGBT+ Domestic Abuse Helpline
0800 9995428

www.northumbria.police.uk
#northumbriapolice
@northumbripol

Students

If you feel anxious, are down and have no one to talk to during this time then remember that you can always use Kooth - <https://www.kooth.com/>

Don't forget a great online resource has been opened up for all during this period. Visit www.thenationalacademy.co.uk to access online tutorials and activities.

MFL Competition:

<https://linguacuisine.com/linguachef/>

Deadline June 15th

Community Cohesion

foodbank

ST. AIDAN'S CATHOLIC ACADEMY FOOD BANK

WE ALL HAVE A RESPONSIBILITY TO PLAY A PART IN ENDING HUNGER AND POVERTY IN THE UK

HOW DOES OUR FOODBANK WORK?
Food donations are given by members of the St. Aidan's community to our Food Bank. Then we open the Food Bank at key times to allow vulnerable families to come and access essential items.

WHY DO WE DO THIS?
One of our Core Values is **FAIRNESS.**
Jesus taught that we must **love our neighbour.**

SHOPPING LIST:
Sugar (500g)
Long life fruit juice
Tins of soup
Pasta sauces
Sponge pudding (tin)
Tinned Tomatoes
Breakfast Cereals
Tea/Coffee
Rice (500g)
Pasta (500g)
Tinned meat/fish
Jam
Packets of biscuits
snacks

GAUDIUM ET SPES
27
Everyone must consider their every neighbour, as another self, taking into account the means necessary to live with dignity...

Come in We're OPEN

HUNGER LIVES NEXT DOOR

WHO USES FOODBANKS?
PEOPLE ARE BEING PUSHED INTO POVERTY BECAUSE THERE ISN'T ENOUGH MONEY COMING IN TO COVER THE COSTS OF ESSENTIALS

IN THE NORTH EAST OF ENGLAND
IN 2018/2019 FOOD BANKS WERE USED BY:

55,713 ADULTS

32,005 CHILDREN

IN SUNDERLAND
30%
OF CHILDREN LIVE IN POVERTY. THIS MEANS THAT THEY LIVE IN HOUSEHOLDS WHICH HAD SIGNIFICANTLY LESS MONEY COMING IN THAN THE AVERAGE HOUSEHOLD.

If you are in need of our help...

Please contact gemma.hogg@staca.co.uk or send a message via School Comms and we will arrange for a delivery of food directly from our foodbank to your door.

A Plea...

We appreciate that these are difficult times but if you feel you are able to donate any food or household items to our foodbank we would be very grateful. Please drop off any donated food at St. Aidan's main school site reception between 8:30am – 3pm each day. Thank you.

Opportunities to continue climbing our personal mountain.

Parents – five books to encourage your son to read:

Year 7: Frostheart by Jamie Littler

Bursting with brilliant characters, heart stopping adventures and tons of laughs. This magical tale is perfect for fans of How to Train Your Dragon or Nevermoor.

Year 8: Wonder by R.J Palacio

This book undoubtedly manipulates the emotions of readers but it will delight readers too because it is a terrific story. It shows fundamental truths about how humans behave and how they should behave.

Year 9: Heroes by Robert Cormier

Maimed and disfigured whilst fighting in World War Two young Francis is returning to his hometown as a hero. This hero though must hide both his face and his identity.

Year 10: Divergent by Veronica Roth

Well written and brilliantly executed. A heart pounding debut cannot be missed.

Year 11: The Outsiders by S.E Hinton

An outstanding story of teenage rebellion written when the author was only 17 years old.

Parent Recommendations:

Just another mountain by Sarah Jane Douglas

An honest, raw and beautifully written uplifting memoir. This is a testament that in life there are times when there is nothing for it but to scale that mountain.

This Too Shall Pass by Julia Samuel

This is emphatically not a 'self-help' book but a beautifully written celebration of the strength of the human spirit.

“Once you learn to read, you will forever be free”
–Frederick Douglass.

Parents – resources to support you and your family at home:

1. [BBC Bitesize and Bitesize Daily](#)
2. [The Day](#)
3. [For Year 11 and 12 - EtonX](#)
4. [Oak National Academy Resources](#)
5. [Renaissance Reading Y7-9](#)

Staff CPD

This week we have reduced our CPD to one excellent recommendation. Several staff have been to see Mary Myatt and her training programme. Due to Covid19, the most recent training was conducted online and we are lucky enough to have had this shared with us. It's well worth a [watch](#).

The password and accompanying materials have been shared by email.

Longer reads:

Educational:

1. *The Curriculum – Gallimaufry to coherence* – Mary Myatt
2. *Closing the Reading Gap* – Alex Quigley
3. *Closing the Vocab gap...* - Alex Quigley
4. *The Advantage* - Patrick Lencioni
5. *Teaching WalkThrus* – Caviglioli & Sherrington

Staff picks:

1. *The Tattooist of Auschwitz* by Heather Morris
2. *Seven Step from Snowden to Everest* by Mark Horrell
3. *A Strawberry Thief* by Joanne Harris
4. *The Radium Girls* by Kate Moore
5. *The Other Bennet Sister* by Janice Hadlow