



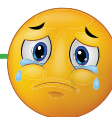
# Anti-Bullying Policy



I need to know and understand this policy. It is written by the Anti bullying Team and agreed by the Governors.

I am responsible for my own behaviour. I must follow all of the core values of hard work, trust and fairness.

**Emotional** – excluding, tormenting, and being unfriendly.



Bullying is about taking someone's self-respect and confidence and using any behaviour that hurts, threatens or frightens.

## Raising Awareness

School holds Anti-Bullying Meetings every 2 weeks. I am welcome to be part of this student voice group. School make a big deal of Anti-Bullying Week and Safer Internet Day. They also hold different 'raising awareness' sessions for Parents and carers. I can refer to the posters in every classroom.

**Physical** – pushing, kicking, hitting, punching and any form of violence.



## What to do?

If I am being bullied or think I am being bullied the first thing I must do is speak to someone. This might be my parents or carers, friends or teachers. A problem shared is a problem halved.

**Verbal** – name calling, spreading rumours and teasing.



## Support

Victims of bullying are well supported in school. They use many different strategies depending on the situation. We can help you decide which strategies are best. We will support you and make sure you feel comfortable.

**Cyber** – when logging onto the schools computers you sign up to the schools Acceptable User Policy. I have also signed my Cyber Safe Agreement. I do not bully using online methods. This includes through email, texts, social networking and instant messages.



How will school deal with bullies? Bullies often do not realise the impact that their actions have had so an in depth conversation with them and sometimes their parents is the first thing they would do. Any incident is logged on class charts so that repeat offenders are easily tracked and dealt with.

**Bullying will not be tolerated.**

